



Leachman Cardiology Associates, P.A.

AN AFFILIATE OF TEXAS HEART INSTITUTE

CORONARY STENT IMPLANTATION

What is it?

Stenting is a catheter-based procedure in which a stent (a small, expandable wire mesh tube) is inserted into a diseased artery to hold it open. Currently, stenting is performed most often in conjunction with other catheter-based procedures, such as balloon angioplasty or atherectomy.

What do I do?

- Do not smoke for 24 hours before the procedure.
- Do not eat or drink anything after midnight the night before the test.
- Consult with us regarding which medicines to continue to take the evening before the test.
- If you are diabetic, have renal insufficiency, or a potential iodine dye allergy, please notify this office at (713) 790-9401.

Let the staff know immediately if you experience any symptoms during the procedure such as:

- Dizziness
- Shortness of breath
- Nausea
- Back pain
- Chest discomfort

Let the staff know immediately if you experience any symptoms after the procedure such as:

- Redness or swelling
- Bleeding or wetness at the cath site
- Pain or numbness
- A knot at the site larger than a small marble
- Fever or chills

How long does it take?

If the stenting is performed in combination with balloon angioplasty, it will take approximately 45 minutes - 1.5 hours to complete. Please plan to spend the night in the hospital post procedure if an intervention is performed.

Post Procedure Instructions:

- Keep the puncture site clean and dry until well healed/scabbed.
- Do not completely submerge into water (such as pool, bath, or hot tub) until completely healed.
- You may shower and allow soapy water to gently run over the site. Pat dry.
- You may remove the bandage after 24 hours, if not already done at the hospital.
- Keep puncture site covered with a band-aid for 2-3 days to prevent irritation and aid comfort.

- Do not apply any ointments, creams, lotions, or products of any kind to the puncture site.
- No lifting, pushing, pulling, squatting, or moving objects over 10 lbs. for a minimum of 10 days.

Instructions regarding return to work are dependent on type of work you do.